



The weight is over.
**UNCOVER YOUR
CURVES.**

The
Corset
Body Lift

What is **The Corset** Body Lift?

Throughout history, we have attempted to reshape our bodies into ideal figures. We have used girdles, corsets and spandex body shapers to force our body tissue into a trimmer or more shapely appearance. Now, a revolutionary new technique removes excess skin following significant weight loss.

The Corset Body Lift (Corset Trunkplasty) is an exciting and transformative procedure for comprehensive reshaping of the abdomen and waistline following significant weight loss. Regardless of your overall body size or amount of excess skin, this procedure can be tailored to you and your goals.

While a tummy tuck or lower body lift can reshape the lower abdomen, only The Corset Body Lift can target and reshape both the upper and lower abdomen, enhancing the entire waistline, as well as the lower chest, upper and lower back, and hips as needed. For women, this innovative procedure is designed to create a very desirable hourglass figure; in men, our lift nicely tapers the torso.

The Corset Body Lift requires several carefully placed incisions which interconnect and have the appearance of a capital "I". Today, the procedure is performed exclusively with Harmonic™ ultrasonic technology which improves recovery and leads to a surgical drain-free experience. The Corset Body Lift does not interfere with future body plastic surgery and can provide you with a strong foundation for additional stages of contouring success. Many of Dr. Moya's patients continue their transformation with arm, breast, and/or thigh lifts.

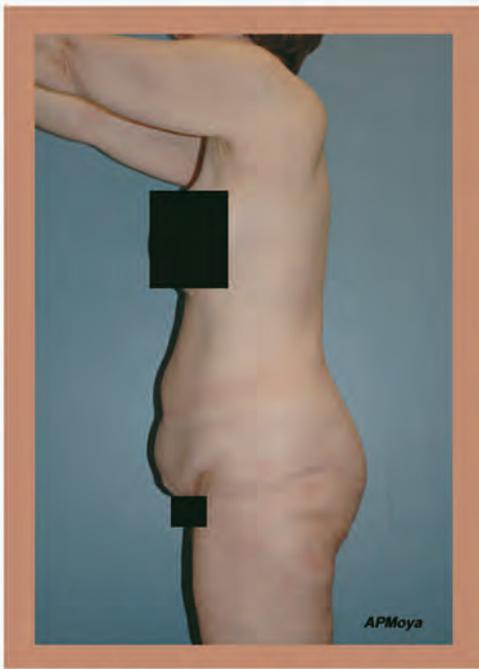


Actual patient before

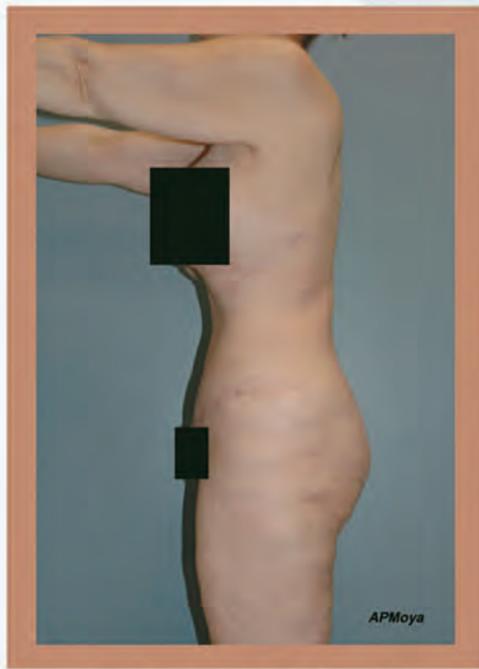


Actual patient after 5 months

Patient #1 - June 2008.
51 year old, 5'2", 154 lbs, s/p
OGB with 250-lb weight loss.
The Corset Body Lift removed
13½ lbs. of skin.

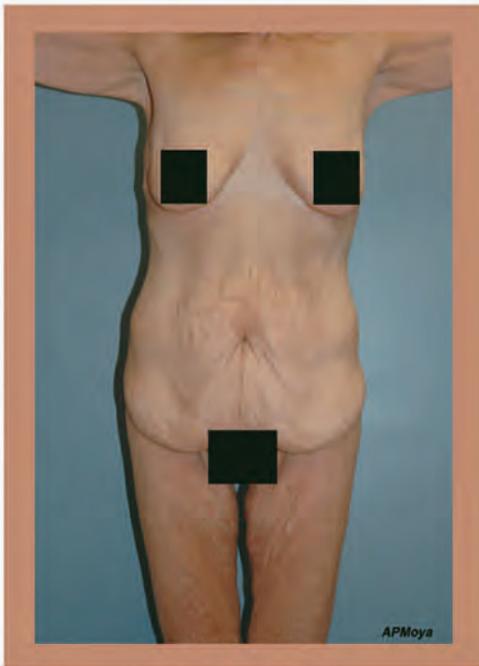


Actual patient before

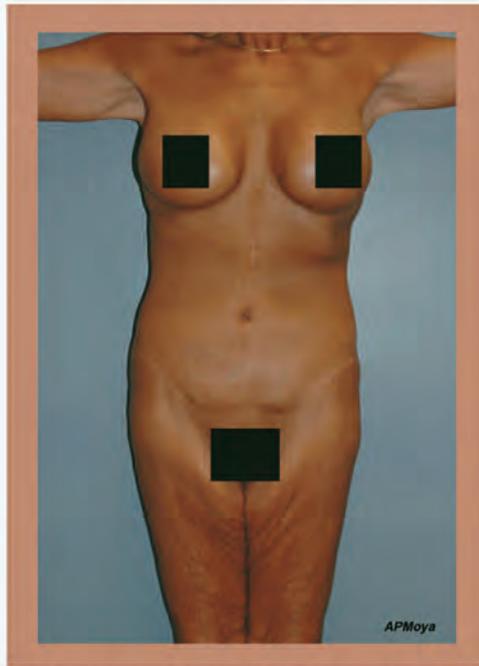


Actual patient after 14 months

Patient #2 - June 2009. 48 year old; 5'7", 174 lbs; s/p LGB with 95-lb weight loss. The Corset Body Lift removed 5 lbs. of skin.

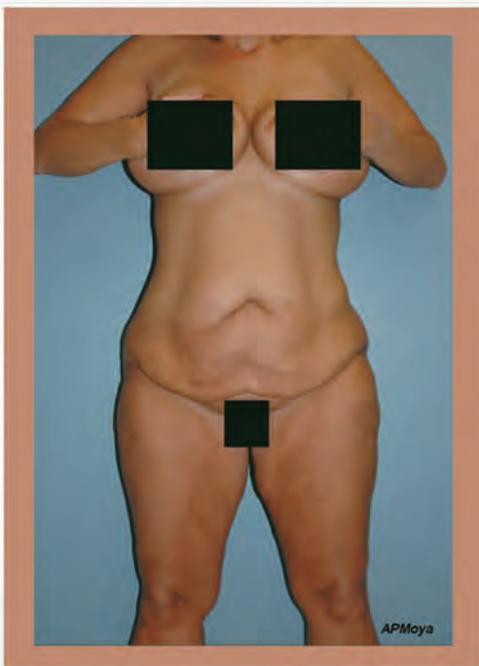


Actual patient before



After 2 yrs. (Corset) & 14 mos. (Breasts)

Patient #3 - July 2009. 52 year old; 5'9", 136 lbs; s/p LGB with 150-lb weight loss. The Corset Body Lift removed 6 lbs. of skin. She also underwent combined breast implant augmentations with breast lifts as a 2nd stage contouring procedure.



Actual patient before



Actual patient after 7 months

Patient #4 - August 2009. 38 year old; 5'5", 163 lbs; s/p LGB with 100-lb weight loss. The Corset Body Lift removed 7 lbs. of skin and was combined with medial thigh tucks.

The Development of The Corset Body Lift

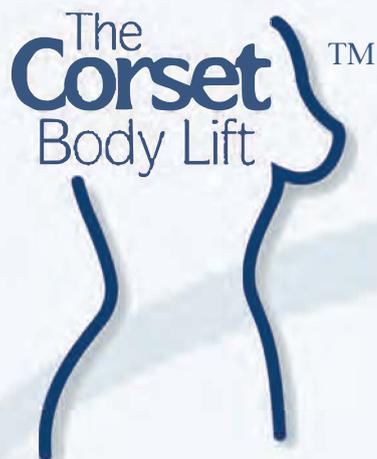
Body-contouring specialist and Board-certified plastic surgeon Alexander P. Moya, M.D., developed this innovative approach to body reshaping in 2006 to better address the needs of his patients.



Alexander P. Moya, M.D., Lewisburg, PA

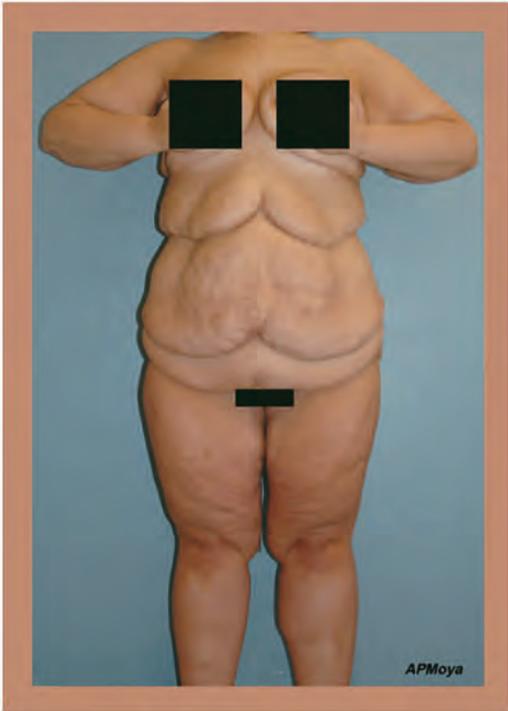
"I was looking for an alternative to the lower body lift, also known as a circumferential belt lipectomy. Although this is a commonly-performed body contouring technique to address the abdomen following major weight loss, I discovered that many of my weight loss patients, if they had too many skin rolls or were still too heavy, were not good candidates for this procedure. Also, I realized that the lower body lift was not designed to address the upper abdomen and lower chest, which can negatively impact overall waistline contour and leave many women with a shapeless figure," said Dr. Moya.

Since its development, The Corset Body Lift has provided many of Dr. Moya's patients with a slimmer body which now better reflects their weight loss. For them, the joy of finally looking and feeling normal overrides any concerns about scars.

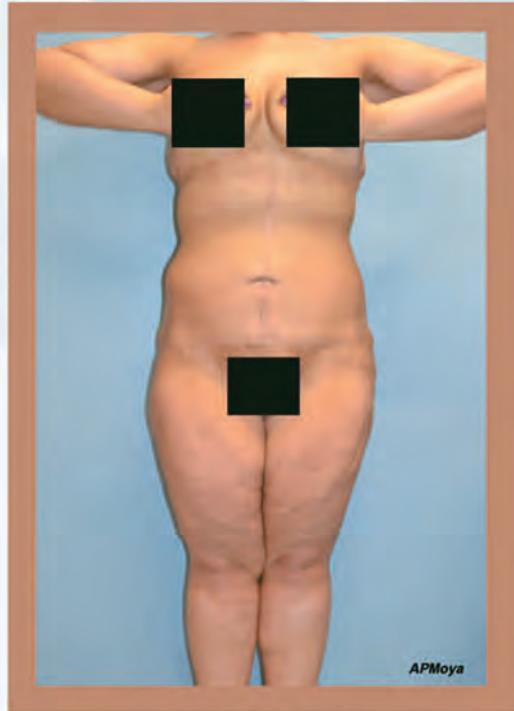


**"It's not about the outside,
it's what it does on the inside.
The boost in self-esteem
outweighs any external scar."**

*— 43 year-old, open gastric bypass patient who lost 110 pounds.
(The Corset Body Lift removed another 11 lbs. of redundant skin.)*

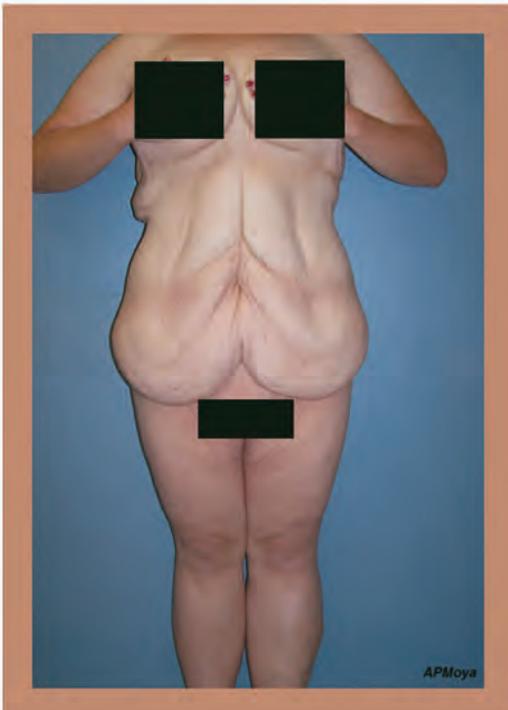


Actual patient before

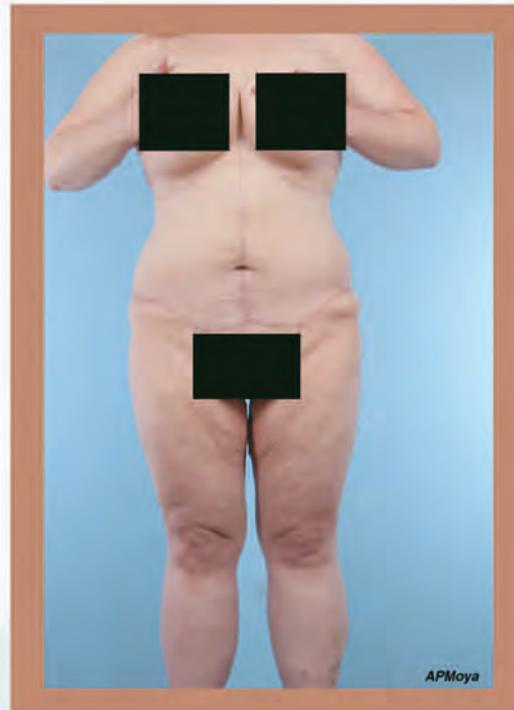


Actual patient after 18 months

Patient #5 - July 2010.
28 year old; 5'7", 238 lbs; s/p
LGB with 160-lb weight loss.
The Corset Body Lift removed
21 lbs. of skin.



Actual patient before



Actual patient after 6 months

Patient #6 - August 2012.
31 year old; 5'9", 235 lbs; s/p
LBand with 200-lb weight loss.
The Corset Body Lift removed
16½ lbs. of skin.

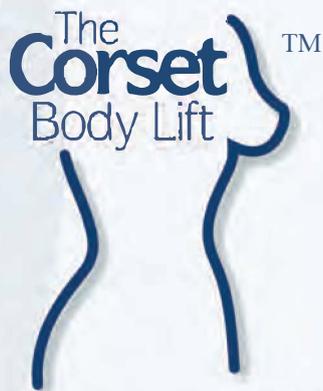
Is a Corset Body Lift **RIGHT FOR YOU?**

"My patients taught me early on in my practice that even though they may end up with lengthy and potentially visible scars, a normal body shape with a completely flat abdomen and full-length contoured waistline is what makes them happy."

– Dr. Alexander P. Moya

If you have lost a significant amount of weight (usually following bariatric surgery) and/or have excess skin below your breasts, above and below your belly button, and along your sides, you may be a good candidate for The Corset Body Lift. Not only will you feel more comfortable in your clothing (and probably even drop a few sizes!), but as a result of feeling lighter and better able to move freely, you will be able to enjoy a greater variety of physical activities and finally be able to have the lifestyle you have worked so hard to achieve. What's more, your personal hygiene is also simplified.

Frequently Asked **QUESTIONS**



Q: *Is the body contouring procedure covered by my insurance?*

A: Unfortunately, body contouring surgery is not a covered procedure under most insurance plans. However, if you are experiencing significant rashes and/or irritations in the abdominal region and the affected area has been treated by a family physician or dermatologist for more than 3 months, insurance can be petitioned to cover a portion of the procedure. Regardless of whether the patient has insurance coverage or not, there is always an out-of-pocket expense for the procedure. Insurance does not cover procedures on arms, thighs, back or other parts of the body.

Q: *How much does the procedure cost?*

A: There are varying costs for the procedure, depending on what is right for you. Your surgeon will discuss the various techniques that will be beneficial to you. After you meet with the surgeon you will be able to discuss financial options based on your surgeon's recommendations.

Q: *I am still losing weight. When is a good time to discuss surgical options?*

A: You should be at least one year from bariatric surgery and weight loss should be stable for at least 3 months before considering The Corset Body Lift.

Q: *What is the recovery time after the procedure?*

A: As with any surgical procedure, there is a recovery period. With body contouring you should expect to be off of work for at least 2 weeks. Activities, such as heavy lifting and exercise should be avoided for at least 6 weeks. You will also be given a compression garment to wear for a few weeks following your procedure.

Q: *Will I be able to see additional photos of patients who have had body contouring surgery?*

A: During your consultation you will be able to see before and after photos of patients who have had a similar weight loss experience as well as the results of the varying techniques used to individualize your treatment based on your weight loss level.

Why Lewisburg Plastic Surgery & Dermatology?

Our cosmetic expertise is backed by quality care, attention to detail, high standards of patient confidentiality, and support staff who respect, understand and value the personal goals of our patients.

Your Personal Consultation

Prior to your consultation, we invite you to call Tabatha. She is here to assist you through your entire experience with us — before and after your procedure. 570.524.7777

www.CorsetBodyLift.com | www.MDMoya.com

Lewisburg Plastic Surgery & Dermatology

135 Walter Drive
Lewisburg, PA 17837

ph: 570.524.7777

CorsetBodyLift.com
MDMoya.com

**Models in photographs have not had The Corset Body Lift procedure.*

MOYA

AESTHETICS AND
PLASTIC SURGERY

at Lewisburg Plastic Surgery

The
Corset
Body Lift